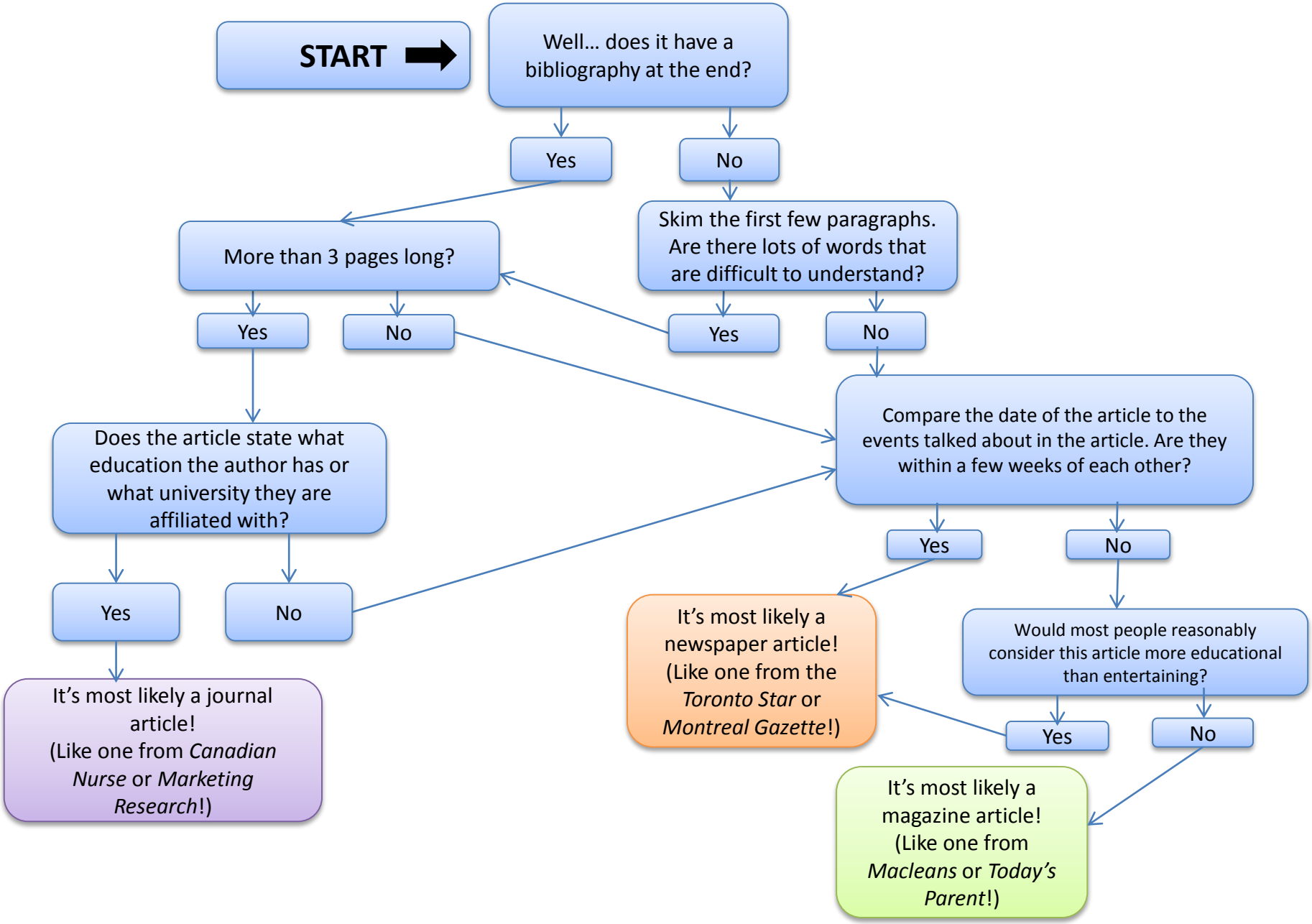Is it a journal, magazine, or newspaper article?